

# GAMING, APPS AND SOCIAL MEDIA



**DURING COVID-19 OUR CHILDREN AND YOUNG PEOPLE MAY HAVE BEEN SPENDING MORE TIME THAN USUAL ONLINE OR ON GAMING DEVICES.**

We understand that it is hard for parents, grandparents, teachers and carers to keep up with the latest games, apps and social media, so we have attached a link to a NSPCC site: <http://www.net-aware.org.uk/>

On the main screen there is a search box, simply key in the name of the particular game, App or social media and it will give you a summary of what it is, identify any risks and explain how you can take simple steps to make things safer.

It also includes useful information such as:

- Age rating
- An expert view of the risks
- Top tips for usage
- Top tips for staying safe

Internet Matters have some great downloadable PDF guides <https://www.internetmatters.org/> to help keep Children & Young People safe online.



*Altogether Better Policing*

