



Hairdressing Services

Styling	Level 2	Level 3
Shampoo and set	£4.00	£5.00
Blow-dry	£4.50	£5.50
Plaits	£4.00	£5.00
Hair-ups	£4.00	£5.00
Conditioning treatments	£7.50	£8.50

A dose of scientifically formulated treatment to enhance shine and colour and boost the health of your hair. Includes a blow-dry.

Scalp treatment	£7.50	£8.50
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A dose of scientifically formulated treatment to improve, soothe and address specific scalp conditions. Includes a blow-dry.

Cutting

Cut	£4.00	£5.00
Cut and blow-dry	£6.50	£7.50
Gents cut	£3.00	£4.00

Perming

Includes cut and blow-dry

Short hair	£15.50	£17.00
Long hair	£18.00	£19.50
Pre-chemical treatment		75p

Colouring

Does not include cut and blow-dry.

Pre-colour treatment		75p
Semi-permanent	£8.50	£10.00
<i>Gentle semi-permanent colour, lasts up to 10 shampoos, giving a beautiful colour and shine.</i>		
Colour sync	£16.00	£17.50
<i>Natural colour, lasting up to 24 washes, leaving hair with brilliant shine and good condition.</i>		
Full head	£21.50	£23.00
<i>Hi-lights, low-lights or weaves.</i>		
Half head	£12.00	£13.50
<i>Hi-lights, low-lights or weaves.</i>		
Cap	£12.00	£13.50
Global colour	£17.00	£18.50
<i>Full head</i>		
Root re-growth	£14.00	£15.50
Bespoke colouring		£30.00
Colour correction		£30.00

Please note:

All clients are required to have a skin test prior to a colour service.



Nail Treatments

Basic manicure £6.00

Cuticle work, exfoliation, massage and polish.

Luxury manicure £8.00

Cuticle work, exfoliation, massage, polish and thermal mittens or paraffin wax.

Basic pedicure £6.00

Soak, cuticles, exfoliation, massage and polish.

Luxury pedicure £8.00

Soak, cuticles, exfoliation, massage, mask and thermal booties or paraffin wax.

Gel polish Full set £10.00

Infills £8.00

Nail art Full set £5.00

Individual £1.00 per nail

Airbrushing £5.00 per set

Nail Extensions

Full set of nail enhancements (allow 3 hours).

Tips and acrylic £12

Tips and gel £10

Specialist/glitter £5 extra

Infills £10

Repairs and replacements £1 per nail



Complementary Therapies

Body massage

A relaxing full body massage to melt those muscle strains and stresses away.

Advanced full body £12.00

Half body £10.00

Aromatherapy*

A deep relaxing therapeutic massage using essential oils, suited to your needs.

Full body with prescriptive oils £17.00

Half body with oils £10.00

Indian head massage* £10.00

A traditional eastern massage technique that can help release tension in the neck, shoulders, face and scalp. Helps relieve headaches, sinus problems and eye strain.

Reflexology* £10.00

A pressure point massage on the soles of the feet, helping to relieve stress and aid relaxation.

Please note:

**limited availability, please call for appointments.*



Facials

Luxury facial

£7.50

Cleanse, exfoliation, steam massage, masque and diagnostic face mapping.

Dermalogica deluxe facial

£15.00

Specially prescribed facial using aromatherapy additives and serums alongside one of the following electrical facial treatments to suit the needs of your skin.

You can choose from:

- **Vacuum suction**

Deep cleansing and revitalising facial which stimulates the lymphatic system and aids the removal of toxins.

- **Direct high frequency**

For oily/combo skin, it has a drying, healing, anti-bacterial effect.

- **Desincrustation/iontophoresis (galvanics)**

Desincrustation cleanses the skin and iontophoresis restores the skin's vitality.

- **Faradics**

A muscle toning treatment to re-educate facial muscles preventing or reducing facial lines.

Specialist facials

Non-surgical face lift

An effective anti-age treatment to help smooth lines and wrinkles, suitable for all skin types.

Per treatment

£20.00

Course of 6 treatments

£100.00

Microdermabrasion facial

A simple non-invasive procedure that revitalises dull skin, reduces large pores, improves fine lines and wrinkles and reduces acne scarring and age spots.

Per treatment

£20.00

Course of 6 treatments

£100.00



Make-Up, Eye and Body Treatments

Body treatments

- **Vacuum suction** £15.00
Stimulates the lymphatic system and aids the removal of toxins improving the appearance of cellulite.
 - **Direct high frequency** £15.00
Back and chest treatment for oily/combination skin, with a healing and anti-bacterial effect.
 - **Desincrustation/iontophoresis (galvanics)** £15.00
Anti-cellulite treatment which will also disperse fluid retention, improve skin condition, stimulate blood circulation and lymphatic drainage.
 - **Faradics** £15.00
Muscle stimulation treatment used to tone and tighten muscles of the body.
 - **Micro current/ non-surgical body lift** £20.00
Non-invasive and non-surgical sculpting treatment. It can lift, sculpt and tighten any part of the body.
- Course of 6 treatments** £100.00
- **Microdermabrasion body** £20.00
Non-invasive treatment for chest, back or shoulders to restore younger looking skin. Reduces acne scarring, improves wrinkles and stretch marks.
- Course of 6 treatments** £100.00

Make-up application

Make-up preparation and application £8.00

Eye treatments

Eyelash tinting £3.00

Eyebrow tinting £3.00

Eyebrow shape £3.00

False eyelash application £5.00

Eyelash removal £2.00

Eye treatment package £8.00

Eyelash tinting, eyebrow tint and eyebrow shape.

Please note:

All tinting and eye treatments, require a skin test, 48 hours before treatment.



Hair Removal and Tanning

Waxing treatments

Full leg	£8.00
Half leg	£5.00
Bikini	£5.00
Underarm	£4.00
Lip and Chin	£2.50
Eyebrow	£2.50
Back	£6.00
Chest	£3.00
Waxing package	£10.00

Half leg, bikini and underarm.

Tanning*

Spray tan	£7.00
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Please note:

**limited availability, please call for appointments.*

Gift Vouchers

Looking for a great gift for someone, then we have gift vouchers available.

Vouchers start from £5.00

Cancellations

If possible please inform us 24 hours before your appointment if you need to cancel or change it.

Elements may from time to time need to cancel appointments – but on the rare occasion that this occurs we will make every effort to re-book your appointment.

Opening times

Monday to Thursday 9am-9pm

Friday 10am-5pm

Term time only

Telephone: 01325 503192

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ELEMENTS

HAIR & BEAUTY

